

DYLAN ISADORE BERNSTEIN

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SUMMARY

Dedicated, Experienced, Passionate Teacher.

Deeply schooled and inquisitive of Asian practices, beliefs systems, history, doctrine and languages.

Non-dogmatic. Student-centred. Twenty years in Asia. Teaching Globally.

SPECIALITIES

- Curriculum Design
- Online / Hybrid Course Implementation
- Source-based Inquiry
- Applied Philosophy
- Meditative Praxis
- Sanskrit & Pali Interpretation
- Making the Ancient Practical & Accessible

TEACHING EXPERIENCE

06/2018 to Current **Instructor**

ConTEXTualising Yoga

- Facilitating Textual Study in Early Buddhism, Mahayana, Upanishads and Hindu Myth.

01/2007 to Current **Chief Executive & Teacher**

Stillness In Action - Hong Kong

- Develop curriculum and teach Philosophy and Praxis to a wide array of interested students - from novice to teacher to monastic.

01/2007 to Current **Visiting Expert**

Worldwide

- Lead workshops on 5 continents, covering Philosophy, Yoga, History and Meditative techniques.

10/2010 to 05/2017 **Philosophy Lecturer**

Worldwide

- Trained yoga teachers in Philosophy, History & Sanskrit in Seattle, Toronto, Turkey, Hong Kong, China, Bali, India and South Africa.

9/1999 to 04/2001 **Senior Program Director**

The Center for Commercial-Free Public Education - Oakland, CA

- Planned and implemented campaigns for Education advocacy.

1996 to 2005

Teacher of Children

Various Schools (San Fransisco, Juneau, Saigon)

- Taught ages 1 - 17 in classrooms, afterschool and privately.

ACADEMIC EDUCATION AND CERTIFICATES

- 06/2014** **Master of Buddhist Studies**
University of Hong Kong - Hong Kong SAR
Graduated with Honours (4+ GPA).
Worked directly under Venerable Professors KL Dhammajoti, Y Karunadasa,
G Halkias, T Endo and Guang Xing.
Focusses in History, Doctrine and Canonical Languages.
- 06/2012** **Authorization To Teach Ashtanga**
K Pattabhi Jois Ashtanga Yoga Institute - Mysore India
- 04/2012** **500-Hour Yoga Teacher Certification**
Universal Yoga - Dharmasala India
- 11/2004** **200-Hour Yoga Teacher Certificate**
Universal Yoga - Dharmasala India
- 06/2000** **Teaching Certification: Early Childhood Education**
City College of San Francisco - San Francisco, CA
- 12/1999** **Bachelor of Arts**
The Evergreen State College - Olympia, WA

RECENT COURSES OFFERED - HIGHLIGHTS

These courses are built around close reading, personal reflection, engaging lectures, dynamic inclusive discussion, traditional essay assignments as well as non-traditional practical homework.

- **Patanjali Yoga Sutra** (2021, 2022)
- **Bhagavad Gita and You** (2020, 2021)
- **What the Buddha Actually Taught** (2021)
- **Conversations with Death: The Katha Upanishad** (2018, 2020)
- **The Greatness of Saturn** (2020)
- **Engaged Emptiness: Buddha and Banda** (2017, 2019, 2021)
- **Can Philosophy Dance Within Asana? — Practicing Yoga with Inquiries, Doubts and Beliefs** (2018)
- **History of Indian Philosophies** (2011, 2012, 2015, 2016, 2018, 2021)

ADDITIONAL TRAINING AND SKILLS

- Lived, studied and practiced in monasteries, ashrams and temples throughout Asia and Europe, studying under Thích Huyền Diệu, Jetsunma Tenzin Palmo, Dae Kwan Sunim, Dae Bong Sunim, Shri K Pattabhi Jois, Sharath Jois, MA Jayashree among others.
- Conversant in Spanish and Vietnamese; limited translation skills in Sanskrit and Pali.
- Well travelled, having been invited to teach Philosophy in 30+ countries.